

Additional Support

Smoking Cessation and Addiction Treatment

There are many benefits to quitting smoking, especially while you are pregnant. We will help you learn about quit-smoking programs in your area. You may be eligible to receive up to \$80 for participating in the program.

Your care team can also assist you in locating drug and alcohol treatment centers and support groups.

24/7 Toll-Free Nurse Advice Line

Pregnancy and caring for a newborn can be overwhelming. When you need answers the *iCare* Nurse Advice Line will be there for you 24 hours-a-day/7 days-a-week. The Nurse Advice Line can give you peace of mind and help when you:

- Wonder whether you need to make an appointment.
- Need information about medications, medical tests, or procedures.
- Have questions about how you or your family can stay healthy.



1555 N. RiverCenter Dr., Suite 206
Milwaukee, WI
www.icare-wi.org
1-800-777-4376
TTY 1-800-947-3529
or 7-1-1



www.icare-wi.org

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English – For help to translate or understand this, please call 1-800-777-4376 (TTY 1-800-947-3529).

Spanish – Si necesita ayuda para traducir o entender este texto, por favor llame al teléfono 1-800-777-4376 (TTY 1-800-947-3529).

Russian – Если вам не всё понятно в этом документе, позвоните по телефону 1-800-777-4376 (TTY 1-800-947-3529).

Hmong – Yog xav tau kev pab txhais cov ntaub ntawv no kom koj totaub, hu rau 1-800-777-4376 (TTY 1-800-947-3529).

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for Mom and Baby



A **FREE** program for pregnant *iCare* BadgerCare+ and SSI/Medicaid members



What is *iCare* for Mom and Baby?

At *iCare*, we care

about keeping you and your family healthy. *iCare* for Mom and Baby is a free program offered to BadgerCare Plus and SSI/Medicaid members. The program offers prenatal services, postpartum care, access to community resources, care for your baby, and additional support to meet your needs.

Enrolling is easy!

Please call us at 1-800-777-4376 and ask to speak with the *iCare* for Mom and Baby team. We will ask you a few questions about your pregnancy in order to determine your specific needs.

Prenatal Services

Pregnant *iCare* members will be connected to a specially trained nurse and care coordinator to provide support throughout the pregnancy. This may include obtaining baby supplies, scheduling



OB visits, and making connections to pregnancy resources in the community.

Postpartum Care

After the birth of your baby, the *iCare* for Mom and Baby Team will continue to provide you with support and education. You will be offered services to meet your postpartum needs including:



- A home visit with the *iCare* Team (Milwaukee County members)
- Breastfeeding support
- Education on newborn cares
- Scheduling your postpartum visit
- Scheduling well-baby visits
- Maternal support
- Birth control
- Screening for baby blues and postpartum depression
- Support for new fathers

Community Resources

Your *iCare* for Mom and Baby team will help you find the services that you or your baby may need, including:

- Food Share, WIC, Food Pantries
- Prenatal care groups
- Breastfeeding classes and support

- Housing
- Baby supplies
- Transportation
- Childbirth and parenting classes
- Prenatal yoga classes
- Child care
- Job training programs
- Participation in Text for Baby

Care for Your Baby

Health Checks

A healthy child is a happy child! Our care coordinators will help you find a medical provider for your children and stay on track with routine health checks. A health check includes a physical examination, immunizations, a hearing and vision screen, lab tests, and a growth and development check.



Immunizations are important to the health of your child. Your *iCare* Mom and Baby team will help to ensure that your baby

is on track with their immunizations by providing you with a customized calendar.